



University Team Captain Position Description

POSITION

University Team Captain (one male and one female captain per university)

LOCATION

Located at each member university and present at their relevant Regional University Games and at the Australian University Games.

POSITION OUTLINE

The position of University Team Captain for a particular university will belong to a male and female, selected by the university according to the universities selection criteria. AUS suggests that these people should be heavily involved in the sporting club environment at the university and have represented the university at university games over a number of years.

The main role of the University Team Captain is to provide peer guidance, support and leadership to the athletes of the university games team. Through positive leadership it is envisaged that the University Team Captain will assist AUS and university management to reduce the incidents related to excessive alcohol consumption.

The position shall be one of prestige within the university team and they will represent their university at official AUS functions such as the Games Opening Ceremony and VIP functions.

VALUES AND CULTURE OF A UNIVERSITY TEAM CAPTAIN

The university is looking for individuals who will assist them in developing the following values:

- Be proud to represent their university and wear team uniforms
- Will represent their university to the best of their abilities
- Ensure the number one priority for the week will be sport
- Will support both their own team mates and athletes within other sports
- Will set team goals and work together to achieve them
- Will not accept individuals who choose to not be a part of the team
- Will not accept team members who drink excessive amounts of alcohol

TEAM CAPTAIN QUALITIES

As a University Team Captain you will be required to lead your team. This includes providing direction and support. While there is no best leadership style, you must be prepared to alter your style according to the situation and the people involved. University Team Management will be there for support.

For you to be an effective university team captain you must:

- Apply the appropriate type of leadership discipline
- Build effective relationships
- Communicate with rapport
- Communicate clearly and regularly
- Find, offer and implement positive solutions
- Lead by example (in line with university expectations)
- Liaise with sport development staff
- Have a broad knowledge of information relating to your sport
- Establish clear goals and steps to achieve them

REWARDS

The University Team Captain will have access to the following rewards provided by AUS. Additional rewards may be offered by your relevant university. AUS encourages members to add to these AUS rewards

- Free registration for you into your regional university Games and for the Australian University Games in 2016
- Free AUG Opening Ceremony ticket
- Involvement in both regional and AUG opening ceremonies
- Recognition and promotion in AUS mediums such as e-news etc

ROLES AND REPOINISBILITIES

All University Team Captains will be required to undertake the **Be the Influence** team leader program managed by AUS held prior to the regional and/or Australian University Games. This leadership program will be delivered on a regional and campus basis and will include all University Team Captains from universities within that region. Further explanation of the **Be the Influence** team leader program can be viewed below.

Other duties of a University Team Captain may also include:

PRE GAMES

Assist university team managers with general team management duties such as:

- Assisting clubs to host trials
- Promote trial dates amongst members, notice boards, website
- Disseminating information to individual team captains
- Circulate regular information and updates to all team members
- Attend all meetings as requested

DURING GAMES

Assist university team managers with general team management duties such as:

- Ensure all team captains are fully aware of team requirements including travel itinerary, accommodation, match times and team duties.
- Set a positive example for behavioural standards and adhere to the AUS/university code of behaviour.
- Ensure all team captains collect accreditation from the University Team Manager prior to the opening ceremony
- Ensure team is in uniform for official functions, ceremonies and matches.
- Act as a spokesperson for the team if approached by media and as per university media policy.
- Notify relevant university staff on any incident that may reflect poorly on any team member, sport or the university.

Be the Influence TEAM LEADER PROGRAM

In 2016, the **Be the Influence** team leader program implemented by AUS will be held at a regional and campus level ensuring that individual universities, can deliver the program to all who attend AUS events throughout the year.

Objectives include:

- To provide team leaders with the knowledge and ability to "Be the Influence" amongst their peers
- Provide leadership and strategies to educate teams on minimising incidents related to alcohol
- Provide a variety of leadership skills to University Team Captains including:
 - Mentoring skills
 - Communication skills
 - Social skills
 - Personal development
 - Self Esteem
 - Confidence
 - Psychological well being